

HLTAID003 Provide First Aid

COURSE INFORMATION

Description

This unit aims to provide the candidate with the skills and knowledge necessary to respond to an emergency situation, apply appropriate first aid procedures, communicate details of the incident and evaluate the incident and their own performance. This unit is a highly sought after credential for people who seek out the qualification to fulfill essential criteria required by the industry in which they work. Others who also endeavor to enroll in the unit are independently motivated to broaden their knowledge and skills in a field which provides them with a 'life skill'.

Upon successful completion of all assessment tasks, participants will receive a Statement of Attainment for 2 units of competency from the HLT Health Training Package:

- *HLTAID003 – Provide first aid*
- *HLTAID001 – Provide cardiopulmonary resuscitation*

This unit does require a level of physical ability to meet the evidence requirements for assessment. It is a requirement that you are physically capable of performing 'actual' resuscitation performed on a manikin placed on the floor and the use of safe manual handling techniques. Performing this skills require muscular and skeletal strength and coordination and normal breathing function therefore if you have condition which may affect your ability to perform or an acute episode of illness or injury immediately prior to the course you may be unable to meet the level of performance required to fulfill the essential criteria. If a participant wishes to enroll on the course but are unable to meet the level of performance required to fulfill the essential criteria, due to a physical or health reason, they will receive a certificate of attendance on completion rather than a certificate of attainment.

This qualification requires a general command of spoken English. This skill is essential in order for a candidate to seek assistance from emergency response services and make a verbal report to a supervisor or emergency services representative. It also requires candidates to be able to read simple instructions. In circumstances where it is considered that a learner's language and/or literacy skills may not be at the required level, Event Health Managements language and literacy indicator will be used to determine whether a learner needs assistance.

Accreditation: Unit of Competency from the HLT Health Training Package (Release 3, 8 December 2015).

Eligibility/entry requirements

There are no pre-requisite requirements for this qualification

Delivery mode

- Face to face
- Mixed methods - combination of face to face and online pre-course reading and practical and knowledge assessments

Volume of learning

Full course:

16 hours face-to-face training

OR 8 hours face-to-face training & 8 hours online pre-course reading and practical and knowledge assessments

Refresher course:

8 hours face-to-face training & 8 hours online pre-course reading and practical and knowledge assessments

The face to face component will be started and completed in one or two sessions, (1 or 2 days). The pre-course reading and online pre-course assessment can be completed in the learner's own time but needs to be completed prior to the face to face component. It is anticipated this will take approx. 8 hours however this will depend on the learner's experience and familiarity with the content. The unit involves theoretical and practical components which are witnessed and assessed by an assessor. Due to the content and nature of the unit it will involve numerous physical activities candidates will be required to undertake.

Program content

The following will be covered:

- State/Territory regulations, first aid codes of practice and workplace procedures
- Legal, workplace and community considerations
- Considerations when providing first aid
- Principles and procedures for first aid management of:
 - abdominal injuries
 - allergic reactions
 - anaphylaxis
 - basic care of a wound
 - bleeding control
 - burns
 - cardiac conditions, including chest pain
 - choking and airway obstruction
 - crush injuries
 - diabetes
 - dislocations
 - drowning
 - envenomation
 - environmental impact (including hypothermia, hyperthermia, dehydration and heat stroke)
 - eye and ear injuries
 - febrile convulsions
 - fractures
 - head, neck and spinal injuries
 - minor skin injuries
 - needle stick injuries
 - poisoning and toxic substances
 - respiratory distress, including asthma
 - seizures, including epilepsy
 - shock
 - soft tissue injuries including strains and sprains
 - stroke
 - unconsciousness

- Relevant basic anatomy and physiology
 - How to recognise a person is not breathing
 - Chest
 - Response/consciousness
 - Upper airway and effect of positional change
 - Consideration in the provision of first aid for specified conditions

- The candidate must complete tasks in line with state/territory regulations, first aid codes of practice, ARC guidelines and workplace procedures.
- Follow DRSABCD in line with the ARC guidelines, including:
 - Perform at least two minutes of uninterrupted CPR on both an adult and infant resuscitation manikin placed on the floor, or firm surface respectively
 - respond appropriately in the event of regurgitation or vomiting
 - manage the unconscious breathing casualty
 - following single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions
 - follow the prompts of an Automated External Defibrillator (AED)

- Respond to at least two simulated emergency scenarios contextualised to the candidate's workplace/community setting
- Apply first aid procedures for the following:
 - allergic reactions
 - anaphylaxis
 - bleeding
 - choking and airway obstruction
 - envenomation (using pressure immobilisation)
 - fractures, sprains, and strains (using arm slings, roller bandages or other appropriate immobilisation techniques)
 - respiratory distress including asthma
 - shock

Assessment

Two assessment strategies will be employed for this unit to demonstrate the candidate's knowledge. The first strategy includes an assessed written answer question paper to enable the candidates to demonstrate their knowledge on the topics outlined during the training. The second strategy will be through several practical assessments designed to test the candidate's ability to perform an activity effectively.

Those completing the unit via mixed methods there is a short pre-course multiple choice assessment which consolidates the learning achieved through the pre-course reading.

Recognition of prior learning

Candidates can apply for recognition of prior learning for this unit. Event Health Management will assess these applications to ensure they are creditable.

Exit points

There are no early exit points for this unit of study. Event Health Management can schedule additional training to ensure the unit is completed and a statement of attainment issued.

Resources

Students are issued with learning materials and handouts relevant to the unit. First aid equipment and consumables will be provided to enable learners to develop and demonstrate practical skills.

Career pathways

This unit of competency is included and therefore can contribute to a number of qualifications placed at level 1, 2, 3, 4, Diploma, Advanced Diploma and skill sets on the Australian Qualifications Framework (AQF),

<https://training.gov.au/Training/Details/HLTAID003>

Fees

\$160.00 per person