

## HLTAID001 Provide Cardiopulmonary Resuscitation

### COURSE INFORMATION

#### Description

This unit aims to provide the candidate with the skills and knowledge necessary to respond to an emergency situation, perform cardiopulmonary resuscitation (CPR) and communicate details of the incident to emergency services or a workplace supervisor.

This unit is a highly sought after credential for people who seek out the qualification to fulfill essential criteria required by the industry in which they work. Others who also endeavor to enroll in the unit are independently motivated to broaden their knowledge and skills in a field which provides them with a 'life skill'.

Upon successful completion of all assessment tasks, participants will receive a Statement of Attainment for *HLTAID001 – Provide Cardiopulmonary Resuscitation*

This unit does require a level of physical ability to meet the evidence requirements for assessment. It is a requirement that you are physically capable of performing 'actual' resuscitation performed on a manikin placed on the floor and the use of safe manual handling techniques. Performing this skill require muscular and skeletal strength and coordination and normal breathing function therefore if you have condition which may affect your ability to perform or an acute episode of illness or injury immediately prior to the course you may be unable to meet the level of performance required to fulfill the essential criteria. If a participant wishes to enroll on the course but are unable to meet the level of performance required to fulfill the essential criteria, due to a physical or health reason, they will receive a certificate of attendance on completion rather than a certificate of attainment.

This qualification requires a general command of spoken English. This skill is essential for a candidate to seek assistance from emergency response services and make a verbal report to a supervisor or emergency services representative. It also requires candidates to be able to read simple instructions. In circumstances where it is considered that a learner's language and/or literacy skills may not be at the required level, Event Health Managements language and literacy indicator will be used to determine whether a learner needs assistance.

**Accreditation:** Unit of Competency from the HLT Health Training Package (Release 3, 8 December 2015).

#### Eligibility/entry requirements:

There are no pre-requisite requirements for this qualification

#### Delivery mode Delivery mode

- Face to face
- Mixed methods - combination of face to face and online pre-course reading and practical and knowledge assessments

#### Volume of learning

##### Full course:

4 hours face-to-face training

**OR** 3 hours face-to-face training & 1 hours online pre-course reading and practical and knowledge assessments

##### Refresher course:

4 hours face-to-face training

**OR** 3 hours face-to-face training & 1 hours online pre-course reading and practical and knowledge assessments

The unit is delivered face to face or using mixed methods and will be started and completed in a single session (4 and 3 hours respectively). The unit involves theoretical and practical components which are witnessed and assessed. The content and nature of the unit will involve numerous physical activities that candidates will be required to undertake. This is a practical qualification and assessment tasks are contextualized to the candidates work environment.

**Program content**

The following will be covered:

- State/Territory regulations, first aid codes of practice and workplace procedures
- Legal, workplace and community considerations, including:
- Considerations when providing CPR
- Relevant basic anatomy and physiology relating to:
- Follow DRSABCD in line with ARC guidelines, including:
  - perform at least two minutes of uninterrupted single rescuer CPR (5 cycles of both compressions and ventilations) on an adult **AND** infant manikin placed on the floor
  - respond appropriately in the event of regurgitation or vomiting
  - manage the unconscious breathing casualty
  - follow single rescue procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions
  - follow the prompts of an Automated External Defibrillator (AED)
- Responded to at least one simulated first aid scenario contextualised to the candidate's workplace/community setting including:

**Assessment**

Two assessment strategies will be employed for this unit to demonstrate the candidate's knowledge. The first strategy includes an assessed multiple choice question paper to enable the candidates to demonstrate their knowledge on the topics outlined during the training. The second strategy will be through practical assessments designed to test the candidate's ability to perform an activity effectively. Those completing the unit via mixed methods there is a short pre-course multiple choice assessment which consolidates the learning achieved through the pre-course reading.

**Recognition of prior learning**

Candidates can apply for recognition of prior learning for this unit. Event Health Management will assess these applications to ensure they are creditable.

**Exit points**

There are no early exit points for this unit of study. Event Health Management can schedule additional training to ensure the unit is completed and a statement of attainment issued.

**Resources**

Students are issued with learning materials relevant to the unit. First aid equipment and consumables will be provided to enable learners to develop and demonstrate practical skills.

**Career pathways**

This unit of competency is included and therefore can contribute to a number of qualifications placed at level 2, 3 and 4 and skill sets on the Australian Qualifications Framework (AQF), <https://training.gov.au/Training/Details/HLTAID001>

**Fees**

\$70.00 per person