

## HLTAID006 Provide Advanced First Aid

### COURSE INFORMATION

#### Description

This unit aims to provide the candidate with the skills and knowledge necessary to provide an advanced first aid response. This response includes the management of the incident and other first aiders until the arrival of further medical assistance emergency situation. This unit is a valuable credential for people who seek out the qualification to fulfill essential criteria or to provide, coordinate and manage a first aid response across a range of complex situations required by the industry in which they work. The learner may be independently motivated to broaden their knowledge and skills in a field which provides them with a 'life skill'

Upon successful completion of all assessment tasks, participants will receive a Statement of Attainment for 2 units of competency from the HLT Health Training Package:

- HLTAID006 – Provide advanced first aid
- HLTAID007 – Provide advanced resuscitation

This unit does require a level of physical ability to meet the evidence requirements for assessment. It is a requirement that you are physically capable of performing 'actual' resuscitation performed on a manikin placed on the floor and the use of safe manual handling techniques. Performing this skills require muscular and skeletal strength and coordination and normal breathing function therefore if you have condition which may affect your ability to perform or an acute episode of illness or injury immediately prior to the course you may be unable to meet the level of performance required to fulfill the essential criteria. If a participant wishes to enroll on the course but are unable to meet the level of performance required to fulfill the essential criteria, due to a physical or health reason, they will receive a certificate of attendance on completion rather than a certificate of attainment.

This qualification requires a general command of spoken English. This skill is essential in order for a candidate to seek assistance from emergency response services and make a verbal report to a supervisor or emergency services representative. It also requires candidates to be able to read simple instructions. In circumstances where it is considered that a learner's language and/or literacy skills may not be at the required level, Event Health Managements language and literacy indicator will be used to determine whether a learner needs assistance.

**Accreditation:** Unit of Competency from the HLT Health Training Package (Release 3, 8 December 2015).

#### Eligibility/entry requirements

There are no pre-requisite requirements for this qualification

#### Delivery mode

- Face to face
- Combination of face to face and pre-course reading/workbook and assessment
- Combination of face to face and online pre-course reading and assessment.

#### Volume of learning:

##### Full course:

24 hours face-to-face training

**OR** 16 hours face-to-face training & 8 hours pre-course reading/workbook and written assessment

**OR** 16 hours face-to-face training & 8 hours online pre-course reading and assessment

##### Refresher course:

12 hours face-to-face training

**OR** 6 hours face-to-face training & 6 hour pre-course reading/workbook and written assessment

**OR** 6 hours face-to-face training & 6 hours online pre-course reading and assessment

The face to face component will be started and completed in three sessions (3 days) or 2 sessions (2 days), the pre-course reading and online pre-course reading and assessment can be completed in the learners own time but needs to be completed prior to the face to face component. It is anticipated this will take approx. 8 hours however this will depend on the learners experience and familiarity with the content. The unit involves theoretical and practical components which are witnessed and assessed by an assessor. Due to the content and nature of the unit it will involve numerous physical activities candidates will be required to undertake.

**Program content**

The unit involves the following:

- State/Territory regulations, first aid codes of practice and workplace procedures
- Legal, workplace or community considerations
- Considerations when providing first aid
- Principles and procedures for first aid management of the following scenarios, including complications:
  - abdominal injuries
  - allergic reaction
  - anaphylaxis
  - basic care of a wound
  - bleeding control
  - burns – including thermal, chemical, friction and electrical
  - cardiac conditions including chest pain
  - choking and airway obstruction
  - crush injuries
  - diabetes
  - drowning
  - emergency childbirth
  - envenomation
  - environmental impact including hypothermia, hyperthermia, dehydration and heat stroke
  - eye and ear injuries
  - febrile convulsions
  - head, neck and spinal injuries
  - levels of consciousness
  - needle stick injuries
  - poisoning and toxic substances
  - respiratory distress, including asthma
  - seizures including epilepsy
  - shock
  - skin injuries
  - soft tissue injuries including sprains, strains, dislocations, fractures
  - stroke
  - substance misuse – common drugs and alcohol, including illicit drugs
- Relevant basic anatomy and physiology
- The candidate must complete tasks in line with state/territory regulations, first aid codes of practice, ARC guidelines and workplace procedures.
- Follow DRSABCD in line with the ARC guidelines, including:
  - Perform at least **two** minutes of uninterrupted CPR (5 cycles of compressions and ventilation) on an adult **AND** infant resuscitation manikin placed on the floor
  - Perform at least **two** minutes of Bag-valve-mask ventilation and at least 2 minutes of compressions during a two rescuer procedure on an adult resuscitation manikin placed on the floor
    - respond appropriately in the event of regurgitation or vomiting
    - manage the unconscious breathing casualty
    - follow the prompts of an Automated External Defibrillator (AED)
    - followed single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions
  - Respond to at least **three** simulated emergency scenarios contextualised to the candidate’s workplace/community setting
- Apply first aid procedures for the following:
  - allergic reactions
  - anaphylaxis
  - bleeding control
  - choking and airway obstruction
  - conducted a basic triage for a multiple casualty incident
  - envenomation (using pressure immobilisation)
  - fractures, sprains and strains (using arm slings, roller bandages or other appropriate immobilisation techniques)
  - head, neck and spinal injuries (using immobilisation principles)
  - respiratory distress including asthma
  - seizures, including epilepsy
  - shock
- Locate and interpreted workplace policies and procedures

**Assessment**

If candidates undertake the pre-course reading/workbook or online reading they will be required to undertake a pre course assessment to be submitted prior to the face to face session.

Two assessment strategies will be employed for this unit to demonstrate the candidate's knowledge. The first strategy includes an assessed written answer question paper to enable the candidates to demonstrate their knowledge on the topics outlined during the training. The second strategy will be through a number of practical assessments designed to test the candidate's ability to perform an activity effectively.

**Recognition of prior learning**

Candidates can apply for recognition of prior learning for this unit. Event Health Management will assess these applications to ensure they are creditable.

**Exit points**

There are no early exit points for this unit of study. Event Health Management can schedule additional training to ensure the unit is completed and a statement of attainment issued.

**Resources**

Students are issued with learning materials and handouts relevant to the unit. First aid equipment and consumables will be provided to enable learners to develop and demonstrate practical skills.

**Career pathways**

This unit of competency is included and therefore can contribute to a number of qualifications placed at level 2, 3, 4, Diploma and skill sets on the Australian Qualifications Framework (AQF), <https://training.gov.au/Training/Details/HLTAID006>

**Fees**

\$320.00 per person